EDUC 459 - 4 Instructional Activities in Physical Education D01.00

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Tuesdays 13:00-16:50 in MPX 7540 (mini gym)

## PREREQUISITE

Educ 401/2

## **COURSE DESCRIPTION**

This course will be both theoretical and practical in its content and will incorporate a wide range of activities for use by teachers in an elementary/middle school setting. This active learning component will engage students in the curricular areas of modified, creative and traditional games; modern and creative dance; artistic and educational gymnastics; and alternate environment activities. The Principles of Learning as they pertain to the implementation of the learning outcomes from the IRP will be examined and incorporated. Participants in this course will be exposed to a variety of teaching techniques, unit and lesson plans. Particular attention will be paid to assessment, evaluation and curricular integration.

## **EVALUATION**

- 1. Students will plan and develop a yearly Physical Education program designed for Primary, Intermediate or Middle School.
- 2. Students will collect and organize lessons and activities in a binder/resource format.
- 3. Students will plan, peer teach and self-evaluate a lesson in the area of games, dance or gymnastics.
- 4. Students will attend and actively participate in all classes, including individual and group presentations.
- 5. Students will create a unit plan (six to eight lessons).

## **REQUIRED TEXT**

Kirchner, G. (1998). <u>Physical Education for Elementary School Children</u> (10th ed.) Madison, WI: Brown & Benchmark. ISBN 0697294862.